

FAA Fatigue Study – Volunteers Needed



2.2.2010

Over the years AFA has received a tremendous amount of anecdotal information regarding flight attendant fatigue and it became apparent that a scientific study of the issue was needed. In response, AFA activists and staff lobbied Congress to direct the FAA to conduct a study of flight attendant fatigue. The first study was released in 2005 which also required a second more comprehensive study to be conducted. Phase two of the study is currently ongoing but the FAA needs more volunteers!

The purpose of the current field study is to explore the physiological and psychological effects of fatigue, sleepiness, circadian factors and rest schedules on a flight attendants' ability to perform their duties.

We encourage the Frontier flight attendants to participate. Your honest feedback and participation will help government, industry, and employee representatives make the best possible decisions to ensure the safety and health of flight attendants and the traveling public.

You can read more about the study here and volunteer for it at this website, <http://www.xyant.com/FAFieldStudy.htm>.